



Welcome to CHNET-Works! Fireside Chat # 335

Prevention Rounds Presentation by Childhood Obesity Foundation

Changing the trajectory:

the strategy for supporting BC children and families to get back on track
the Childhood Healthy Weights Intervention Initiative

May 15, 2013 3:00 – 4:00 PM Eastern Time (12 – 1:00 PM Pacific Time)
(Teleconference open for participants at 2:50 ET.... 11:50 AM PT)

Presenters:

Dr. Tom Warshawski, Pediatrician and Chair, Childhood Obesity Foundation,

Arlene Cristall, Program Coordinator, Centre for Healthy Weights - ShapedownBC

Karen Strange, MEND Provincial Manager

Barbara Leslie, Director, Dietitian Services - HealthlinkBC



This Webinar is in collaboration with CHNET-Works!

www.chnet-works.ca

A project of the Population Health Improvement Research Network
University of Ottawa

Housekeeping : how a fireside chat works...

Step #1 : Backup PowerPoint Presentation

- The backup PowerPoint presentation is on the Childhood Obesity Foundation website. www.childhoodobesityfoundation.ca. Once on the website, look on the top navigation bar (orange color) under 'Newsroom' and click the drop down box titled "Articles and Reports". You will see the PowerPoint presentation at the top of the "Articles and Reports" section of the website. Note that the PowerPoint presentation will be posted on Wednesday May 15th.

Step #2 : Teleconference

- Please join in at 11:50 AM Pacific Standard Time
- 1-866 261-6767 OR In Toronto: 1-416-850-2050
AFTER THE BEEP – enter the pass code: 5528549#



All Audio by telephone

- If your line is 'bad' – hang up and call back in
- Participant lines muted
- Recording announcement

Step #3: The Internet Conference *(via 'Bridgit' software)*

From our computer to yours

No audio via internet



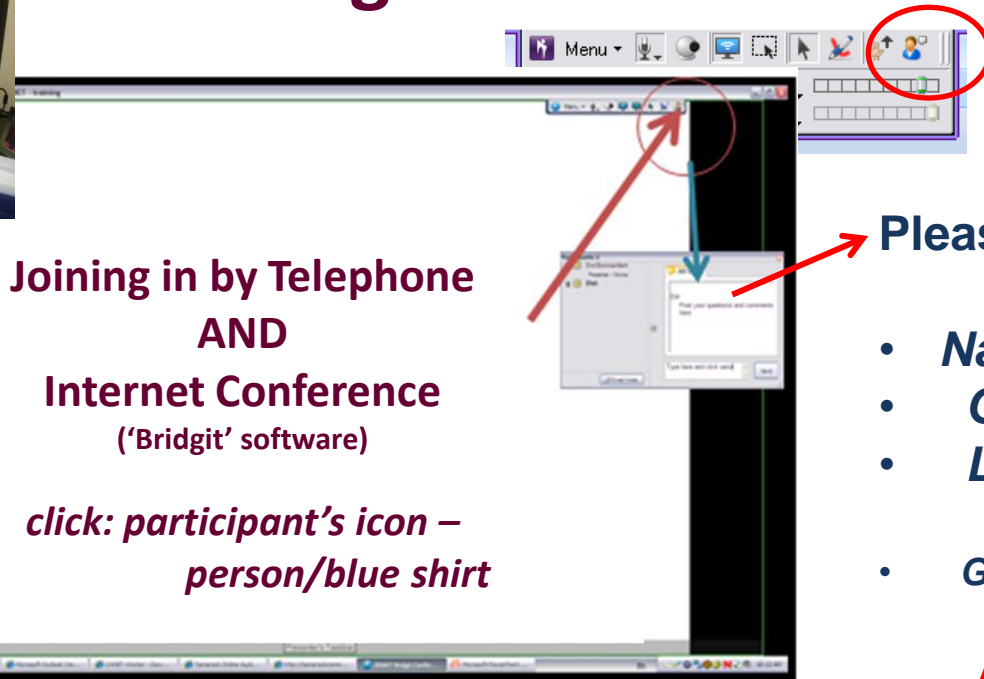
A transmission delay of 2-4 seconds is normal

Difficulties? Firewalls - slow reception, disconnection :

Use the Backup PowerPoint Presentation (Instruction Step #1)

For assistance: animateur@chnet-works.ca

How to post comments/questions during the Fireside Chat

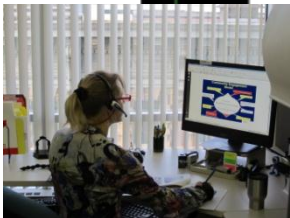


Joining in by Telephone
AND
Internet Conference
(‘Bridgit’ software)

*click: participant’s icon –
person/blue shirt*

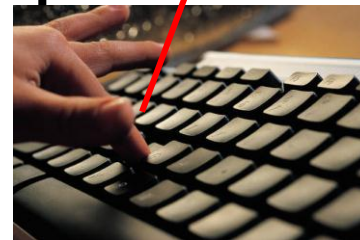
Please introduce yourself!

- **Name**
- **Organization**
- **Location**
- **Group in Attendance?**



Joining by Telephone only?

By email – if you have any
questions/difficulties:
animateur@chnet-works.ca



Changing the trajectory:
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***the Childhood Healthy Weights Intervention
Initiative***



May 15, 2013



Agenda

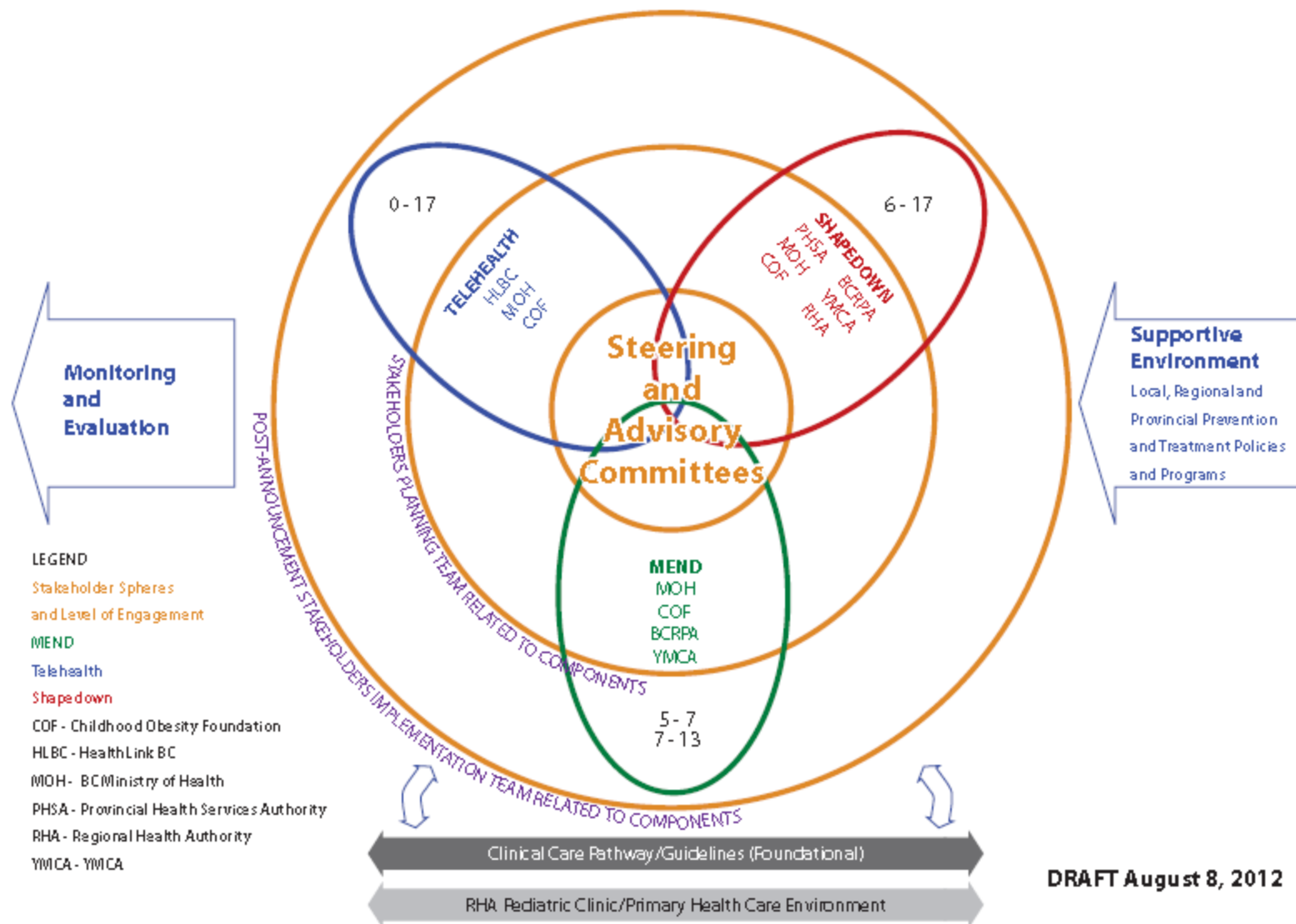
- **Welcome and Introduction to Childhood Healthy Weights Intervention Initiative** – Tom Warshawski, Chair, Childhood Obesity Foundation
- **Overview of Shapedown BC** – Arlene Cristall, Program Coordinator, Centre for Healthy Weights - ShapedownBC
- **Overview of MEND** – Karen Strange, MEND Provincial Manager
- **Introduction to Telehealth** – Barb Leslie, Director, Dietitian Services - HealthlinkBC
- **Questions/Comments**

What's the Issue?

- 1 in 4 BC children & youth are overweight or obese
- Obesity & lifestyle factors track from childhood  adolescence  adulthood
- Interventions required for those leaving healthy weight trajectory

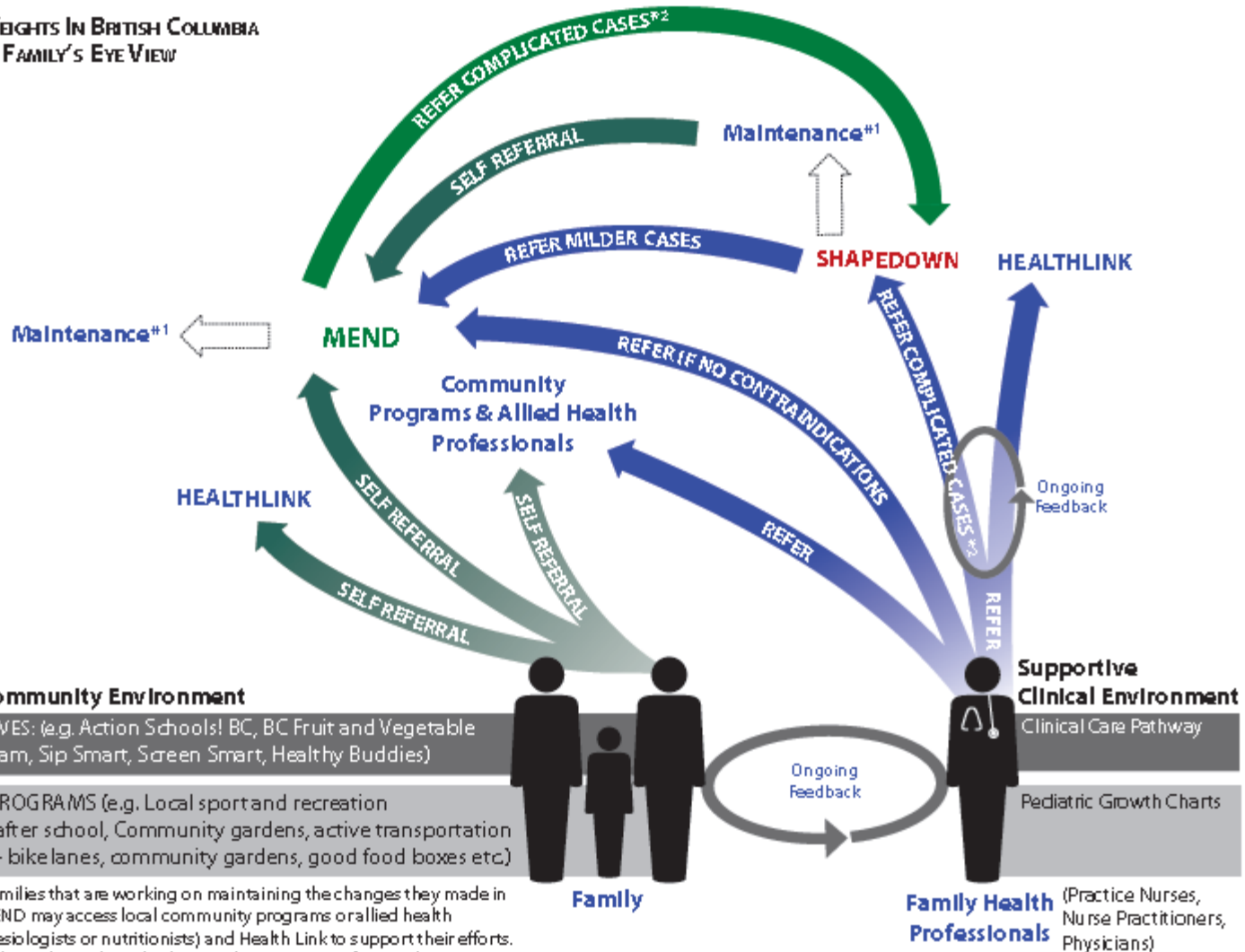
Childhood Healthy Weights Intervention Initiative – Tom Warshawski

PROVINCE-WIDE CHILDHOOD HEALTHY WEIGHTS INTERVENTION INITIATIVE RELATIONSHIP DIAGRAM



Family's eye view

HEALTHY WEIGHTS IN BRITISH COLUMBIA
A FAMILY'S EYE VIEW



*1 Children and families that are working on maintaining the changes they made in Shapedown or MEND may access local community programs or allied health professionals (kinesiologists or nutritionists) and Health Link to support their efforts.
*2 Children with physical, social, medical issues that require professional support.

Where in the Province....?

Shapedown BC

- Centre for Healthy Weights – BC Children’s Hospital
- Central Island Healthy Weights Program – Nanaimo
- Fraser Health Healthy Weights Program – Surrey

....Interior Health, Northern Health & Vancouver Coastal Health are planning to offer programs....

MEND

- Prince George
- Kelowna
- Langley
- Vancouver (Langara)
- Saanich

....5 new Communities in Fall.....

Referral Process

- Interested families can contact the program sites directly for information
- For Shapedown BC a Physician's referral is required; programs can help facilitate for family

Check out the COF website for local information

www.childhoodobesityfoundation.ca